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REDUCING POVERTY.

Family Support Navigation

Staff work to reduce foster care and help people avoid going into the child welfare system.

As single mother of two children, I became addicted to methamphetamines. Not knowing how my actions were affecting my children, when child welfare came to my door, I told them I was taking diet pills. Child welfare sent a worker from Northwest Family Services to provide me with some supports. Being a survivor of sexual and physical abuse, I was hesitant to work with the Drug and Alcohol Specialist. This was new for me. I had not ever experienced mental health counseling or other supports.

After a few home visits from the Drug and Alcohol Specialist, I became comfortable enough to admit to my methamphetamine use, and began attending self-help meetings. Eventually, I was able to develop a support group that was comprised of my family and friends.

After completing outpatient treatment, my children were returned to me. I was thrilled! I had initially thought that working with Northwest Family Services would cause me more stress. Ultimately, I realized that Northwest Family Services are here to help relieve the stress I was experiencing and assist me with getting into treatment. I was able to create a bond with the Northwest Family Services Drug and Alcohol Specialist. She changed my life for the better! For that, I am grateful!

-Anonymous

